



Tel: 012 998 6679

Daaglikse roetine / Daily routine 0 – 1 Jariges / 0 – 1 Year Olds

<u>Tyd / Time</u>	<u>Aktiwiteit</u>	<u>Activity</u>
6:30 – 10:00	Aankoms Ontbyt Borslappies Was gesiggies en handjies Ruil doeke om (indien nodig) Bottel Slaap of speel	Arrival Breakfast Bibs Personal hygiene Nappy change (if necessary) Bottle Bed time or indoor play
10:00 – 11:30	Broodjies/vrugte/versnappering Was gesiggies en handjies Ruil doeke (indien nodig) Gee baie liefde /gesels/ stories lees /musiek /speel binne of buite Babas word gestimileer	Sandwiches/ fruit/ snack Personal hygiene Nappy change (if necessary) Give a lot of love / communicate / read stories /music /indoor or outdoor play. Stimulation of babies
11:30–13:00	Middagete Borslappies Was gesiggies en handjies Ruil doeke (indien nodig) Bottel Slaap	Lunch Bibs Personal hygiene Nappy change (if necessary) Bottle Bed time
13:00 – 15:00	Ruil doeke (indien nodig) Speel binne/buite	Nappy change (if necessary) indoor / outdoor play
15:00 – 16:00	Broodjies/vrugte/versnappering Ruil doeke (indien nodig) Was gesiggies en trek skoon aan Bottel Slaap of speel	Sandwiches /fruit /snack Nappy change (if necessary) Personal hygiene Bottle Bed time or indoor play
16:00 – 17:30	Ruil doeke (indien nodig) Speel binne/buite Ontvang ouers en gee enige terugvoering	Nappy change (if necessary) Indoor / outdoor play Parents arrive, teacher reports back to parents.
17:30	Skool sluit	School closes